



Train the Trainer Program

Judy Wilkins-Smith

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The Train the Trainer Program

The curriculum is designed to prepare instructors to teach constellations beginning with the Emotional DNA material and adding other courses over time. The intent is to have instructors who are solidly competent and feel confident in teaching the Emotional DNA material and leading workshops.

The program consists of two 5-day trainings plus ongoing development.

Instructors who have passed the material will be authorized to teach their own classes which will add to their offerings as professionals.

In addition, they will be part of a community of instructors that learn and grow together.

Qualified instructors will be selected from this group to assist at large group events offer by Judy.

The 5-day initial training combines uniquely designed adult learning content for training experientially and a deep dive into the core processes of teaching constellations.

The path of further development will be outlined in detail as will the competencies that must be passed to successfully complete the course of instructorship.

Program Learning Objectives

1. Training Basics

Adult Learning

Triple Loop Learning

Learner Readiness and Facilitator Interventions

2. Training Techniques

See, Do, Teach

Presentation Skills

Storytelling

Framing

Debriefing

Non-Intervention

Artful Questions

Classroom Management

3. Teaching Constellation Work and Emotional DNA

Framing

How to teach Emotional DNA, Natural Orders in Systems, Three Principles in Systems, Four Underlying Themes, Hidden Loyalties

Dimensionalizing

Elements, Directionality, History, Space, and How to use without doing a full constellation

Chair Work

Space and Environment, Permission, Skills used to identify Principles, Elements, and Hidden Loyalties

Facilitation

Body Language, Breath and verbal language, Bringing in and taking out elements, Following threads and what to let go, Acknowledging the past, Forward Anchoring

Ending the Constellation

Participants in the constellation, The class, Mental hygiene for the facilitator

Program Learning Objectives

3. Teaching Constellation Work and Emotional DNA (Continued)

Debriefing

Tight or Loose questioning, Class management,
Practice Teaching with Feedback (Most of your time
is spent here)

4. Types of Constellations

Different Types, When and How to Use Them

Individualized Program Components

- 1. Instructor Competencies and Ongoing Development Path**
- 2. Agreements between instructors and Judy Wilkins-Smith**